

# Toolkit Resources

## for Complex Needs Training Pathway



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To support the complex needs training pathway, see the links below for medical guides and resources.

## [Children and Families: Healthy Surrey](#)

The Surrey Child and Family Health advice line is open to parents and carers of babies, young children and teenagers for support on all aspects of baby and child health, development and parenting. Please get in touch if you need support.

## [Health A-Z NHS](#)

Find out about health conditions, including their symptoms and how they're treated, including for Asthma, Diabetes and Epilepsy.

## [Asthma Friendly School](#)

If your school achieves the standard, you will be able to promote yourselves as a Surrey Asthma Friendly School. Asthma is the most common long-term medical condition in children and young people (CYP) in the UK. Around 1 in 11 CYP are living with asthma every day and poor control can not only impact physical health but also psychological health and educational attainment. A child with poorly controlled asthma is three times more likely to take time off school than a child whose condition is well controlled.

## [Asthma \(Children and Young People\)](#)

Access eLearning resources and the national capability framework for professionals caring for children and young people with asthma. It is assumed that for healthcare professionals undertaking the training they will already have appropriate training and skills relevant in the care of children and young people. These courses are to provide additional training specifically relating to asthma and should sit alongside appropriate frameworks of training, supervision and mentoring as required.

## [Children and Young People Asthma Toolkit](#)

Access Children and young people asthma toolkit for professionals, including primary and secondary care information.

## **BERTIE Online: Know Diabetes**

This is a diabetes education course that teaches people with type 1 diabetes (or their carers) how to manage insulin doses, compared to carbohydrate intake. Participants are encouraged to solve problems individually to assess what works best for them, and learn what to do to stay healthy.

## **Diabetes UK**

Diabetes (otherwise known by the scientific name diabetes mellitus) is a complicated condition and there are many different types of diabetes. This website will take you through everything you need to know.

## **Epilepsy Action**

Find out more about epilepsy, the symptoms, how to get a diagnosis, treatments and more.

## **Young Epilepsy**

Epilepsy can be one of the most frightening and isolating conditions a child can experience. There's a loss of all sense of safety – not knowing when and where their next seizure will happen, who'll be there and whether they'll be hurt. We've led the way in an inclusive, progressive and nurturing approach to the education and support of children and young people with epilepsy.

Today, more than ever, Young Epilepsy is dedicated to standing up with and for children and young people with epilepsy. We're here for them. It's our job to listen and work with them so they can fulfil their potential. We campaign for children's rights. We deliver health services and research that improves diagnosis and treatments. We support children and young people throughout school, college, and university. We provide information, friendly advice, and practical help for living everyday life.

